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## Mallorca Walk Eat Series (Walk and Eat)

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**Sunflower Books : Mallorca Walk Eat Series (Walk and Eat)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Mallorca Walk Eat Series (Walk and Eat):

This pocket-sized full-colour guide is designed for walking in Mallorca with a gastronomical touch, using public transport. Even non-walkers will appreciate the recommendations for Mallorca restaurants. For each suggested restaurant there is a photograph of the décor and one of their dishes, plus sample menu, price guide, opening times and a recipe for one of their specialities. Other sections include: planning your trip, logistics on arrival, local markets and specialities, glossary of local food terms, and a restaurant mini-vocabulary. A special feature is the emphasis on natural local foods suitable for those with food intolerances. All recipes have been made by the authors and are known

to work . Area covered: The walks are dotted all around the island, with most in the west and mountainous northwest. Note: There is some overlapping of walk routes between this book and Landscapes of Mallorca. Do use the Look Inside facility to compare coverage in the two guide books. The best months for walking in Mallorca are May, June and October, but you can hike on the island all year round, except for July-early September, when it is far too hot.