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Cara Frost-Sharratt

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Cara Frost-Sharratt : London: The Cookbook: The Story of London's world-beating food scene, with 50 recipes from restaurants, artisan producers and neighbourhoods before purchasing it in order to gage whether or not it would be worth my time, and all praised London: The Cookbook: The Story of London's world-beating food scene, with 50 recipes from restaurants, artisan producers and neighbourhoods:

Get a taste of the history and culture of London. From haute cuisine to traditional greasy spoons, London: The Cookbook tells the story of this vibrant city through the food most beloved by its inhabitants. London's top chefs offer up recipes for signature dishes alongside traditional fare from local favourites. Part recipe collection and part travel guide, the book takes a tour of London's foodie hotspots, from Borough Market to Brixton, classic restaurants and the new world-beaters. Features 50 recipes from London's best restaurants, including classics like The Ivy, The Wolseley, Bentley's and Sweetings, and new classics including Portland, Koya, Caravan, Lyles and Barafina.

About the Author Cara Frost-Sharratt has a background in food publishing, having worked as an editor on both magazines and books. Now an established writer, she is the author of 12 books, including a number of food and lifestyle titles. These include The Food Lover's Guide to Europe, London's Classic Restaurants, and A Foodie's Guide to London. She has lived and worked in London for 20 years and enjoys exploring the city's huge variety of food shops, markets and restaurants.