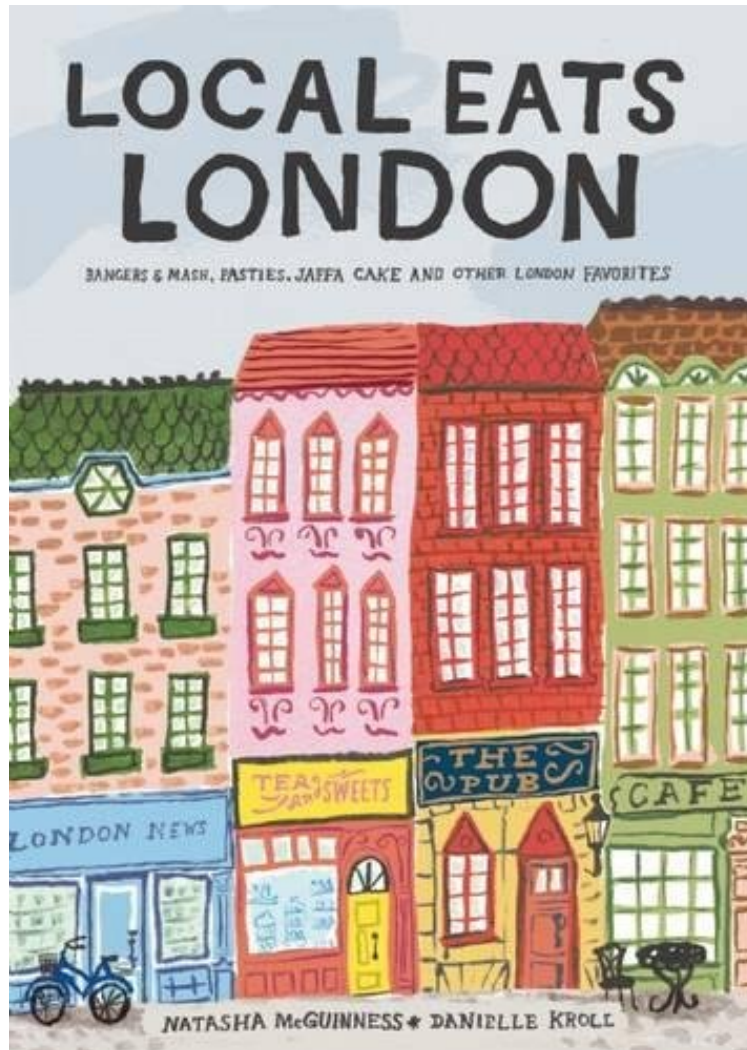


[FREE] Local Eats London: Bangers and Mash, Pasties, Jaffa Cake and Other London Favorites

Local Eats London: Bangers and Mash, Pasties, Jaffa Cake and Other London Favorites

Natasha McGuinness

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Interweaving Danielle Kroll's whimsical illustrations with the informative, humorous reminiscences of author Natasha McGuinness' culinary journeys in the vibrant city on the Thames, *LOCAL EATS LONDON: Bangers Mash, Pasties, Jaffa Cake and Other London Favorites* is a charming guide to the traditional (and often underrated) British fare found in the markets, pubs, tea shops and cafes of the city. This easy-to-carry, mini tome will help travelers who are seeking the most delicious food the city has to offer—whether on the go, in need of tea and a nibble, or ready to sit down to a leisurely meal. From high tea to late night snacks, and every meal in between, this enchanting guide is all any food-loving traveler will need to enjoy the wide variety of unique and tasty fare available in the capital. Rather than a restaurant guide, it is a description of the sometimes oddly named, traditional foods visitor will find in the markets, shops, pubs and restaurants of London. The author's delectable adventures coupled with Danielle Kroll's delightful images create a lyrical and witty chronicle of the delicious discoveries a foreigner will experience in this cosmopolitan city. Chapters include Morning Food, Savory Food, Pub Food, Small Plates, Picnic

About the Author Natasha McGuinness is an avid traveller who's sported a passport since she was three years old. Contrary to her expectations, she fell in love with local British food while living in London. Now back in the United States, she currently lives in Los Angeles where she works in the marketing department of a university while she plots her next trip overseas. Danielle Kroll is a Brooklyn based artist who brings a whimsical sensibility to everything she touches — from illustration to textiles to design. She graduated from Tyler School of Art, got her feet wet in Anthropologie's Art Department and now works independently creating a plethora of amazing art. She is the illustrator of the Caffeinated Ideas Journal. She lives in Brooklyn, NY.