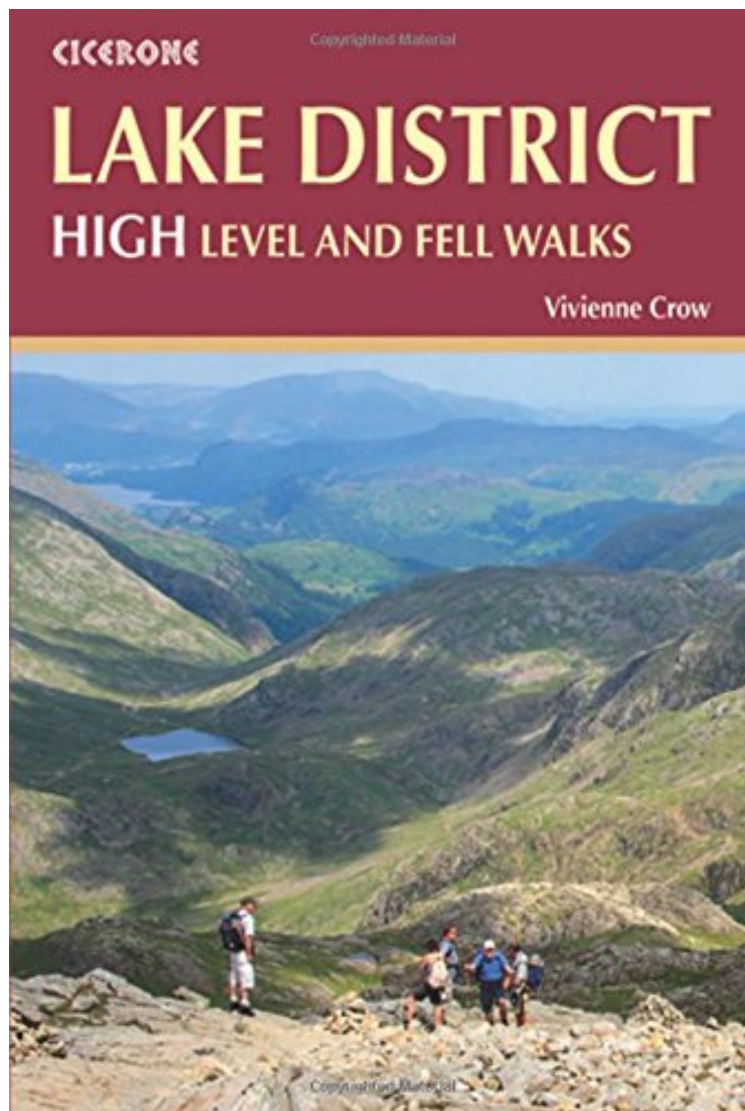


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Lake District: High Fell Walks

Vivienne Crow

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Vivienne Crow : Lake District: High Fell Walks before purchasing it in order to gage whether or not it would be worth my time, and all praised Lake District: High Fell Walks:

This Guide contains 30 graded walks. From classic horseshoes, such as the Newlands Round and the Fairfield Horseshoe, and traditional ascents of England's most iconic mountains, including its highest peaks Scafell Pike, Scafell, Helvellyn and Skiddaw, to well-trodden routes onto some of the quieter summits including Gray Crag and

Beda Fell, the 30 routes in this guide comprise all the best high-level fell walks to be had in England's beautiful and much-loved Lake District National Park. Also featuring quieter routes onto popular fells including Blencathra and Red Screes, the walks range from 7–23km and are graded for difficulty. Covering both rocky terrain and grassy hills, with occasional boggy ground, most of them are relatively easy-to-follow in clear conditions, but may require good navigational skills in mist.

About the Author Vivienne is a freelance writer and photographer specialising in the outdoors. A journalist since 1990, she abandoned the constraints of a desk job on regional newspapers in 2001 to go travelling in Asia and New Zealand. On her return, she decided to focus on the activities she loves the most – hill-walking, writing, travelling and photography. Needless to say, she's never looked back! Based near the Lake District, she has written several books on the national park and on Cumbria, mostly walking guides, and is well-known in north Cumbria for her hugely popular walking columns, which appear in several local newspapers. She also writes outdoor features for magazines and does a lot of work for conservation and tourism bodies, researching and writing walks leaflets and interpretation panels. Vivienne is a member of the Outdoor Writers and Photographers Guild and the Society of Authors. Her website is www.vivienncrow.co.uk.