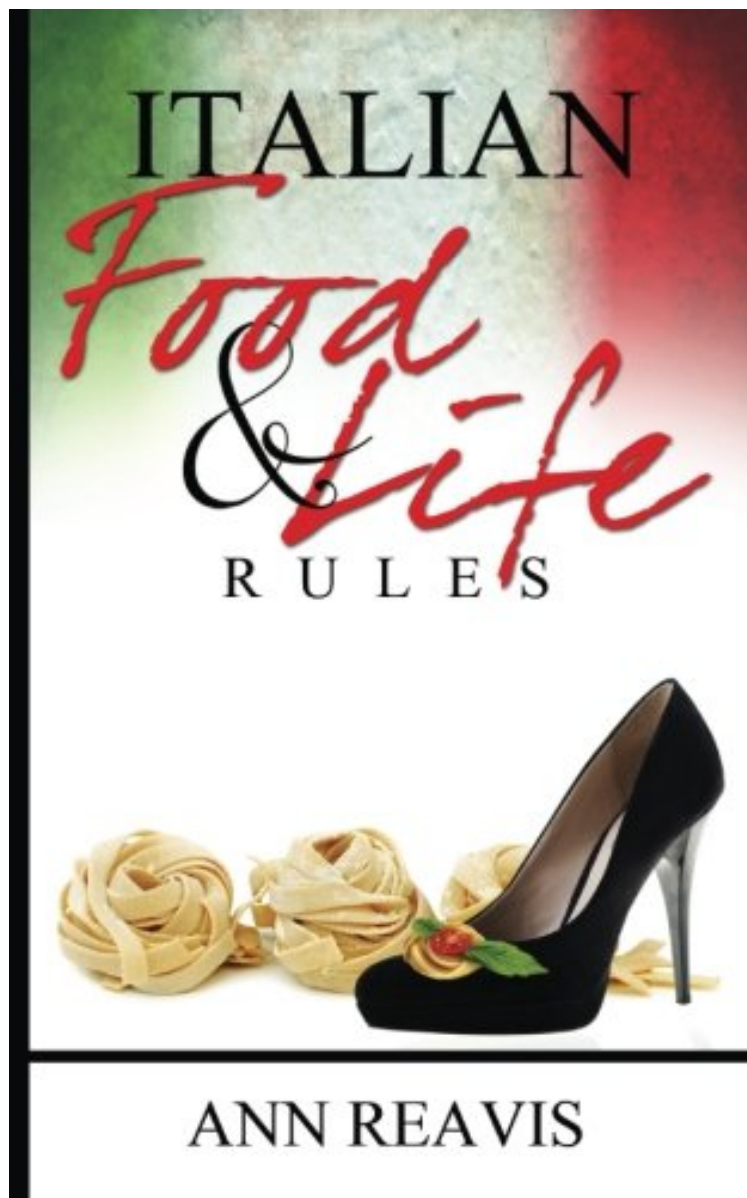


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Italian Food Life Rules

Ann Reavis

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Ann Reavis : Italian Food Life Rules before purchasing it in order to gage whether or not it would be worth my time, and all praised Italian Food Life Rules:

Together for the first time in one volume – Italian Food Rules and Italian Life Rules – two popular books of essays on how to be truly Italian. Italians have spent a thousand years perfecting a certain style of eating and living. They love making rules and although they seem to obey very few, there are some hard and fast food and life rules followed throughout Italy. When it comes to the national cuisine the Italian Food Rules may as well be carved in marble. Visitors to Italy violate them at their peril. Did the waiter in Rome sneer when you asked for butter for the bread or for a cappuccino after dinner? Did your Venetian grandmother slap your hand when you reached for the Parmesan cheese to sprinkle on her spaghetti alle vongole? Do you know why you should never greet some people in Italy with a cheery “Ciao!” How do Italian women stride across cobblestones wearing stilettos with five-inch heels. Why can’t tourists go to just any Italian beach and spread out a picnic lunch on the sand during the summer months? Italian Life Rules provides the answers. Ann Reavis spent fifteen years in Italy learning the food and life rules so that with this compact guide you can enjoy being Italian for awhile.

About the Author Five years used to be Ann Reavis’ attention span for any career. She’s been a lawyer, a nurse, a presidential appointee in a federal agency, a tour guide and a freelance writer. She’s lived in New Mexico, Texas, California (San Francisco Bay Area), Michigan and Washington, DC. But in 1998, Ann fell in love with Italy and moved to Florence. She lived there, writing and working as a tour guide for sixteen years. She still shares her thoughts on Florence, Tuscany, and all things Italian in a travel and food blog – TuscanTraveler.com. Italian Food Life Rules is a compilation of earlier two books – Italian Food Rules (2013) and Italian Life Rules (2014).